Correct positioning is essential to ensure comfort and relief. Specialists have developed the Harley Range of pillows; the unique shape has been tested in clinical practice over many years, making it the top selling professional orthopaedic pillow in the UK. State-of-the-art equipment combined with the very latest materials technology has now allowed us to mould memory foam into the precise contours required to keep the spine in alignment.

Designer Propillow
Awarded Millennium Products status for creativity and innovation, the Design Council and the Government recognise the importance of maintaining the upper spine in the correct position. Moulding has enabled us to ensure your shoulder and upper arm never interfere with the cervical spine. Pressure relieving properties of memory foam have brought relief to many who previously been denied a good night's sleep. All Designer Pillows supplied with fitted inner cover and zipped fleece case removable for easy laundering - additional cases available.

PR20000 Designer Pillow 450 x 320 x 130mm (17½ x 12 x 5”) £49.95
PR20001 Designer Plus 510 x 320 x 130mm (20 x 12 x 5”) £51.95
PR20002 Designer Low Line 450 x 320 x 100 (17½ x 12 x 4”) £45.95

Backfriend
The Backfriend is a combined back rest and seat base which can be used to improve posture and comfort in a variety of locations, home, office, car, train or even aeroplane. Designed with orthopaedic and ergonomic considerations, the backfriend is shaped to give firm, comfortable lumbar support. It is easy to adjust to suit individual needs but maintains the correct curve for good back care. Covered in a durable black fabric and available in standard or deluxe (padded version for extra comfort). The Backfriend folds for transport and a cut out handgrip makes it easy to carry.

Weighs just 1.8 kgs (4 lbs)
Folded size: 508cm x 420mm (20in x 16in)
Colour - black
PR20072 Standard £99.99
PR20073 Deluxe £109.99

Pressure Relief & Positioning

Harley Slimline Wedge/Car Seat Leveller*
Ideal in the car where headroom is at a premium. It is also ideal where the need is felt for just a little added support to ease muscle tension in the lumbar region. Available with or without coccyx relief cut-out. Velour fabric covers - colours may vary.*All Wedges are fitted with strap for use in a car.
We particularly recommend this for use in a car as this will help prevent ‘submarining’ in the event of an accident.
PR20023 Harley Slimline Wedge 360 x 360 x 50mm (14 x 14 x 2”) 5° £16.95
PR20024 Harley Slimline Coccyx Wedge 360 x 360 x 50mm (14 x 14 x 2”) 5° £16.95

Harley 11° Wedge
Poor seating is unfortunately a fact of life. When an expensive new chair is out of the question the Propillow 11° Wedge allows sitting for long periods with the pelvis tilted correctly and the spine in its natural position significantly decreasing pain in the lower back and legs. Available with or without coccyx relief cut-out.
PR20021 Harley 11° Wedge 360 x 360 x 100mm (14 x 14 x 4”) £16.95
PR20022 Harley 11° Coccyx Wedge 360 x 360 x 100mm (14 x 14 x 4”) £16.95

Harley Lumbar Rolls
4° & 5° Circular and 4° & 5° ‘D’ - All rolls 28cm (11”) long. Ideal for use in the home, office or car. 1st quality inner and washable luxury velour covering. They are easily portable and held in place with an elasticated buckled strap.
PR20015 Circular - 5” £12.95
PR20016 Circular - 4” £12.95
PR20017 ‘D’ Roll - 5” £12.95
PR20018 ‘D’ Roll - 4” £12.95

Travel Pillows
Travel in style ...great choice ...great value. A trip away and a ‘pain in the neck’ - sound familiar? Our moulded Travel Pillows are identical to the Designer Pillow and Harley Pillow - just a little smaller designed to be easily transportable and guaranteed to keep those aches and pains at bay. Doubles as a lumbar roll when placed inside its handy travel case.
PR20003 Designer Travel Pillow & Travel Bag 300 x 320 x 100mm (12 x 12 x 4”) £39.95
PR20007 Harley Travel Pillow & Travel Bag 300 x 320 x 100mm (12 x 12 x 4”) £34.95

Backfriend

Designer Range Constructed from Visco Elastic Memory Foam
• Originally developed by NASA for use in seating to reduce shock forces when re-entering the Earth’s gravitational field
• Used in racing cars and jet aircraft as it absorbs up to 97% of impact shock
• Moulds to the individual’s shape
• Ensures comfort, stability and posture control
• Dissipates body heat
• High levels of pressure relief

Visco Elastic Memory Foam
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PR20018 ‘D’ Roll - 4” £12.95

Pillows Wedges/Back Care
Designer Pressure Relieving Cushion
Visco elastic memory foam offers ultimate relief up to and including high risk. Eminently suitable for decubitus prophylactics as it takes pressure from the endangered parts of the body. This product is invaluable when the user has to sit for long hours, as the pressure relieving properties are immense. Ideal for wheelchair users.

Designer & Pressure-Tex Cushions
Both Designer and Pressure-Tex Cushions available in the following options:
1 Standard
2 Coccyx Coccyx Relief cut-out
3 Combi Ischael Tuberosties - Haemorrhoid-Genital Relief cut-out
4 Pressure-Tex Cushion
The proven design of the Pressure-Tex Cushion is geometrically cut into sections which operate independently. This allows maximum weight distribution and air to circulate freely helping to keep the skin cool and free from pressure areas.

Choice of covers.
Luxury velour cover is fitted as standard. PU waterproof cover available as a no cost option. Dartex cover available as an optional extra cost.

PR20046 Pressure-Tex Cushion
430 x 430 x 100mm (17 x 17 x 4") £41.90 (£35.66)
PR20047 Pressure-Tex Coccyx Cushion 430 x 430 x 100mm (17 x 17 x 4") £41.90 (£35.66)
PR20048 Pressure-Tex Combi Cushion 430 x 430 x 100mm (17 x 17 x 4") £41.90 (£35.66)
PR20049 Pressure-Tex Coccyx Cushion 430 x 430 x 60mm (17 x 17 x 2") £41.90 (£35.66)
PR20050 Pressure-Tex Cushion 430 x 430 x 60mm (17 x 17 x 2") £41.90 (£35.66)
PR20051 Pressure-Tex Combi Cushion 430 x 430 x 60mm (17 x 17 x 2") £41.90 (£35.66)
PR20052 Designer Cushion 430 x 430 x 100mm (17 x 17 x 4") £62.90 (£53.53)
PR20053 Designer Coccyx Cushion 430 x 430 x 100mm (17 x 17 x 4") £62.90 (£53.53)
PR20054 Designer Combi Cushion 430 x 430 x 100mm (17 x 17 x 4") £62.90 (£53.53)
PR20055 Designer Cushion 430 x 430 x 60mm (17 x 17 x 2") £59.90 (£50.98)
PR20056 Designer Coccyx Cushion 430 x 430 x 60mm (17 x 17 x 2") £59.90 (£50.98)
PR20057 Designer Combi Cushion 430 x 430 x 60mm (17 x 17 x 2") £59.90 (£50.98)

All above suitable up to 18 stone - over 15 stone please request ‘ultravisco’

V Shaped Pillow
Our V Shaped Pillows are filled with chips specially developed to be both smooth and resilient. Smooth for comfort whilst still allowing the inherent dynamics of the elastic foam to make each chip spring back to its original shape. This enduring resilience ensures longer lasting and effective weight absorption and pressure redistribution away from the bony prominences. The V Shaped Pillow is fully washable and can be tumble dried at 71°C without losing the pressure reducing qualities.

PR20143 V Shaped Pillow with Cotton Cover £22.27
PR20144 V Shaped Pillow with Wipe Down Cover £30.20

Foot Board
This soft, Fleecy foot board is cosy for your toes and specially designed to prevent slippage whilst in bed. Featuring a secure belt fastening and removable inner for washing.
Size: length 410mm, Height 200mm (16-8")
PR20146 £31.14 (£26.50)

Bed Fleece
100% Pure New Wool
These Real wool Bed Fleeces have the unique ability to absorb perspiration, thus preventing the skin from becoming ‘clammy’. This allows the skin to breath more effectively; very important in pressure area care. The Bed Fleeces are pre-treated to enable the real Lambs wool to be hot washable up to 161°F (71°C) and autoclaved. The Real Wool Bed Fleeces can be washed at these temperatures up to 50 times and still continue to give softness and comfort to patients.

PR20139 Double Bed 1520 x 685mm (60 x 27") £70.44
PR20140 Single Bed 760 x 685mm (30 x 27") £35.19

Mattress Tilfer
Placed under an existing mattress to give a 5° tilt. It will relieve symptoms of oedema, varicose veins, low back pain and general fatigue. Use at the head of the bed to alleviate hiatus hernia and respiratory difficulties.

PR20056 610mm x 640mm x 130mm (24 x 25 x 5") £23.95
The Body Pillow
The Body Pillow is a unique collection of cushions which have been developed to provide the best possible support for the human body. The Body Pillows contain a specially-treated chipped memory foam. This ensures that the Body Pillow takes on the contours of your body so that you are supported with optimum comfort.

The delaying effect of the relax foam offers excellent characteristics for lowering pressure and has an anti-decubitis effect. The proven anatomical design of the cushions offers the best possible support for the (neck) vertebrae.

The Body Pillows are, in addition to being used in the medical sector, excellently suited for use in and around the house and during travel.

The various models in the Body Pillow collection ensure that there is a cushion for every position. The uses of the cushions are extremely varied. They can be used for reading in bed or on the settee or in the car you will notice that the Body Pillows are extremely suitable for taking on journeys.

Boomerang
The Boomerang is extremely suited to the alleviation of neck or back pain or as a comfortable head cushion. Sitting on the settee or in the car you will notice that the Boomerang provides support for your head, neck and shoulders and gives an alleviating feeling and more relaxation.

To alleviate the lower back and to support the limbs, you place the Boomerang against the back of a chair and you will experience that you sit in a more relaxed fashion and that you can do it for longer. The cushion is also extremely suitable for taking on journeys.

Basic Head Pillow
The Head Pillow combines a number of characteristics which ensure a very comfortable and healthy night’s rest.

The correct support and softness decreases the pressure on sensitive skin tissue and ensures a proper blood flow to the capillaries. The cushion moulds itself completely to the form of the body decreasing neck and back pain.

Body Total
The Body Total pillow offers comfort and support for your whole body. The unique design of Body Total ensures that your body is supported at various points simultaneously.

The Body Total helps your body to get the rest it needs. The Body Total provides support and comfort to the head, neck, back and legs so that the use of individual, extra cushions is no longer necessary.

When lying down to read or watch television, the Body Total is a first class support for the elbows and the upper body.

Smart Pillow
This small rectangular cushion is often used in combination with other cushions to obtain even more comfortable sitting or lying positions. It is particularly suitable for the underside of the back or for behind the head.

Handy Pillow
This nicely designed cushion is multifunctional because of its hand grips. It can provide support to the head, back and limbs and is practical in use.

Body Comfort
The Body Comfort (also known as the pregnancy cushion) is a smaller edition of the Body Total. The Body Comfort provides the same support as the Body Total but, because of its measurements, it is not only suitable for use in bed but also for reading a book or watching TV on the settee.

Position & Comfort

**Bed Mate**
Easy forming to provide fantastic support for the back so that relaxing in bed is given an extra dimension: relaxed television watching or reading a book with the feeling that you are sitting in an armchair in the lounge.

If you lay the Bed Mate at the head end over the whole breadth of the bed you have a large relax foam cushion as the perfect support for the head, neck and shoulders and yet it is mildly soft and comfortable. The Bed Mate also offers many possibilities as a play or sitting cushion. Sitting on the floor the cushion is quickly formed into a pouffe or a soft back support against the edge of the bed. In short: a very functional relaxing cushion.

**Neck Pillow**
The Neck Pillow is a smaller model of the Boomerang. This cushion lies on the shoulders and is therefore nice and comfortable. This Neck Pillow offers good support to the neck and is therefore the ideal travel cushion.

**Body Total**
The Body Total is a first class support for the body, neck, back and legs so that relaxing in bed is given an extra dimension: relaxed television watching or reading a book with the feeling that you are sitting in an armchair in the lounge.

If you lay the Body Total at the head end over the whole breadth of the bed you have a large relax foam cushion as the perfect support for the head, neck and shoulders and yet it is mildly soft and comfortable. The Body Total also offers many possibilities as a play or sitting cushion. Sitting on the floor the cushion is quickly formed into a pouffe or a soft back support against the edge of the bed. In short: a very functional relaxing cushion.

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Position & Comfort

**Knee Support**
A revolution in the care and comfort of the back during sleep. The Harley Knee Support is a must for those with hip problems. Overstretched muscles, ligaments and tendons often mean aches and pains during the night and the morning. The Harley Knee Support takes pressure away from the low back and hips allowing the spine to assume its natural ‘S’ shape. Fitted with a touch close fastening.

PR20054  260 x 260mm (10 x 10")  £16.95

**The Hip Shield**
Reducing the risk of hip fractures in the elderly, or for post operative care
The Hip Shield can help to prevent a fall becoming an injury and is designed to absorb and deflect impact away from the hipbone. The Hip Shield itself is discreet and comfortable to wear and inside the protector is a lightweight honeycomb structure that compresses on impact. The Hip Shield just slips into a pair of protector pants and is unobtrusive beneath skirts or trousers.

Pants are available in two styles, male and female, in six sizes based on waist measurement. Made of 95% cotton, each pair has internal pockets that you simply ‘slip’ the Hip protector into before putting on the garment. Suitable for day or nightwear the Hip Shield is available in single or ‘triple pack’. The triple pack contains three pairs of pants plus one pair of Hip protectors. The perfect solution, one pair to wear, one in the wash and one spare! For sizing see chart below:

<table>
<thead>
<tr>
<th>Size</th>
<th>Female Waist size</th>
<th>Single pair</th>
<th>Triple pack</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small</td>
<td>660-710mm (26-28&quot;)</td>
<td>PR20300 £49.94</td>
<td>PR20300-3 £70.85</td>
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<tr>
<td>Medium</td>
<td>710-760mm (28-30&quot;)</td>
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<td>PR20301-3 £70.85</td>
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<tr>
<td>Large</td>
<td>760-810mm (30-32&quot;)</td>
<td>PR20302 £49.94</td>
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<tr>
<td>X-Large</td>
<td>810-860mm (32-34&quot;)</td>
<td>PR20303 £49.94</td>
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<tr>
<td>XX-Large</td>
<td>860-910mm (34-36&quot;)</td>
<td>PR20304 £49.94</td>
<td>PR20304-3 £70.85</td>
</tr>
<tr>
<td>XXX-Large</td>
<td>910-960mm (36-38&quot;)</td>
<td>PR20320 £49.94</td>
<td>PR20320-3 £70.85</td>
</tr>
<tr>
<td>Size</td>
<td>Male Waist size</td>
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<td>Triple pack</td>
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<td>Small</td>
<td>760-810mm (30-32&quot;)</td>
<td>PR20305 £49.94</td>
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<tr>
<td>Medium</td>
<td>830-890mm (33-35&quot;)</td>
<td>PR20306 £49.94</td>
<td>PR20306-3 £70.85</td>
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<tr>
<td>Large</td>
<td>910-960mm (36-38&quot;)</td>
<td>PR20307 £49.94</td>
<td>PR20307-3 £70.85</td>
</tr>
<tr>
<td>X-Large</td>
<td>990-1040mm (39-41&quot;)</td>
<td>PR20308 £49.94</td>
<td>PR20308-3 £70.85</td>
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<tr>
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<td>1060-1120mm (42-44&quot;)</td>
<td>PR20309 £49.94</td>
<td>PR20309-3 £70.85</td>
</tr>
<tr>
<td>XXX-Large</td>
<td>1110-1160mm (44-46&quot;)</td>
<td>PR20321 £49.94</td>
<td>PR20321-3 £70.85</td>
</tr>
</tbody>
</table>

**Bed Relaxer**
Support and comfort whilst sitting or sleeping in bed. Can be used in two ways either to allow reading or for those who find it uncomfortable or undesirable to sleep lying flat, perhaps due to hiatus hernia or respiratory conditions. It can be placed under a normal pillow.

PR20055  570 x 570 x 270mm (22½ x 22½ x 10½")  £28.95

**Harley Designer Ring Cushion**
Post operative trauma, and hemorrhoids are just two of the conditions making sitting a painful experience. The Harley Designer Ring Cushion is made from moulded visco elastic memory foam, offering increased comfort and pressure relief. It also comes complete with its own discreet cover and is easily portable. Diameter 43cm.

PR20602  £29.95

**Nodular Ring Cushion**
Post operative trauma, and hemorrhoids are just two of the conditions making sitting a painful experience. The Harley Ring Cushion is made from nodular foam to allow air to circulate freely and take pressure away from endangered areas. It comes complete with its own discreet cover and is easily portable. Diameter 43cm.

PR20601  £17.74

**Neck-Eze Pillow**
A very handy item for almost anyone. It is an inflatable pillow that fits around your neck and cradles your head while relaxing in the bath, riding in a car, lying on the beach or sitting in your easy chair. Great for long plane trips where you must try to sleep in a seated position. Does a good job of supporting a sore neck as well as helping to prevent getting one. Velvet like outside surface.

PR20089  £3.50

**Rest Ease Pillow**
Designed to encourage a healthier position for the spine, the anatomically shaped Rest-Ease Pillow allows maximum weight distribution and air to circulate freely helping keep the skin cool and comfortable, it comes complete with fitted inner cover. Fits most pillowcases.

PR20145  £15.22 (£12.95)

**Inflatable rubber ring**
Inflatable rubber ring can be used to prevent pressure sores or assist with their healing. Rubber ring can be wiped clean.

PR20616  410mm (16")  £9.95
PR20618  460mm (18")  £10.20